The Pediatric GOALS curriculum consists of 33 rotation-based modules with each intended to be paired with an existing rotation in a resident’s schedule and completed during that rotation. However, implementation of GOALS is flexible in many ways, including methods of integration into residency education, supervision/mentorship through curriculum completion, and motivation for curriculum completion.

The Pediatric GOALS objectives can be used individually by residents looking to augment their education outside of residency requirements. It can also be used as part of a Global Health curriculum or pre-trip preparation before an international elective. This facilitator guide provides suggestions for how to use GOALS in various learning environments.

### Individual/rotation-based use

For a resident who is interested in adding a Global Health emphasis to residency requirements, the GOALS topics can be mapped to the rotations over the 3-year residency curriculum (or longer, for combined residencies).

During each specific rotation, the resident works through the corresponding objectives using the cited resources (ie the Newborn GOALS during a Newborn Nursery rotation). The resident can then review the objectives with a Global Health mentor or save the information for future reference.

### Example integration into resident schedule

<table>
<thead>
<tr>
<th>MONTH</th>
<th>January</th>
<th>February</th>
<th>March</th>
<th>April</th>
<th>May</th>
<th>June</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rotation</strong></td>
<td>Hospital Medicine</td>
<td>Gastroenterology Inpatient Team</td>
<td>Rheumatology Elective</td>
<td>NICU</td>
<td>Cardiology Inpatient Team</td>
<td>Emergency Medicine</td>
</tr>
<tr>
<td><strong>GOALS Module</strong></td>
<td>Pediatric Hospital Medicine</td>
<td>Pediatric Gastroenterology</td>
<td>Pediatric Rheumatology</td>
<td>Neonatology</td>
<td>Pediatric Cardiology</td>
<td>Pediatric Emergency Medicine</td>
</tr>
</tbody>
</table>
Pre-trip Preparation

For a resident preparing for an international or domestic Global Health elective, GOALS can be completed in an accelerated manner, focusing on the most relevant topics. The resident brings the completed objectives to discuss with his or her mentor prior to travel and may also choose to bring helpful references, in electronic or paper form, on elective for further use.

Global Health Track

Programs with Global Health tracks or pathways can choose to incorporate GOALS into their GH curricula. Examples of this use include having residents present various topics at noon conferences, during track-specific lectures, or preparing and sharing during GH boot camps.

Customizable integration

GOALS can be customized to meet the specific needs of a program. For example, one program currently uses GOALS as a way to integrate more Global Health education for all of its residents. During a low-intensity resident rotation, residents choose a specific topic area within the curriculum that matches with their career interests. They have the entire rotation to complete the objectives within that topic area and summarize key learning points. At the end of the rotation, residents come together and teach each other their key learning points in an interactive forum.

Regardless of how you choose to use GOALS in your training, please don’t hesitate to submit ideas and feedback form using the link on the SUGARPREP webpage at www.sugarprep.org/goals.